





My Dental Activity Book

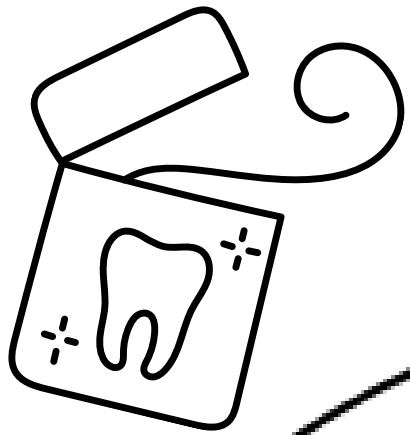
This activity book belongs to:

Name: _____

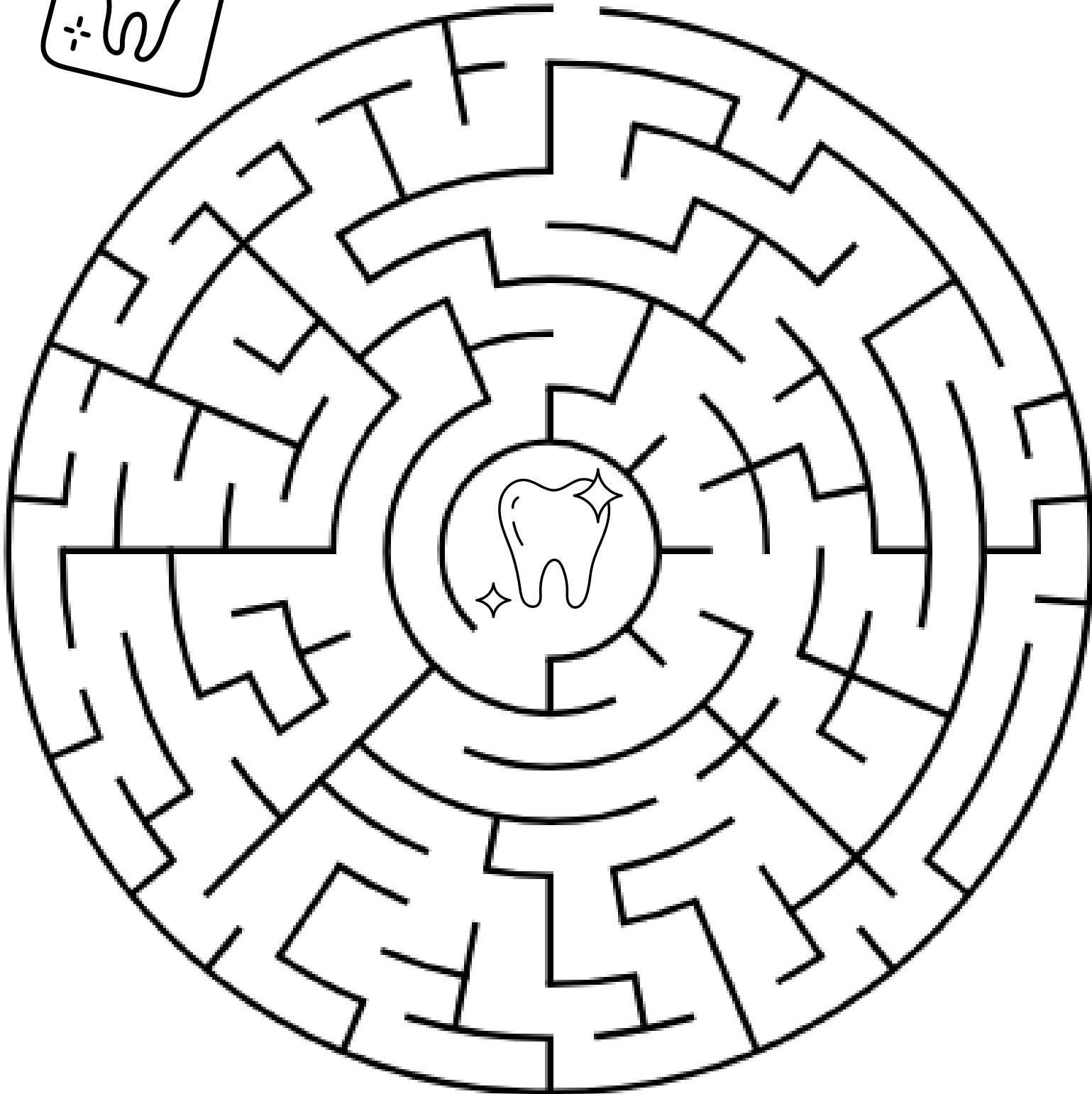


Brush Chart

	Morning 	Night 
Monday	<input type="checkbox"/>	<input type="checkbox"/>
Tuesday	<input type="checkbox"/>	<input type="checkbox"/>
Wednesday	<input type="checkbox"/>	<input type="checkbox"/>
Thursday	<input type="checkbox"/>	<input type="checkbox"/>
Friday	<input type="checkbox"/>	<input type="checkbox"/>
Saturday	<input type="checkbox"/>	<input type="checkbox"/>
Sunday	<input type="checkbox"/>	<input type="checkbox"/>

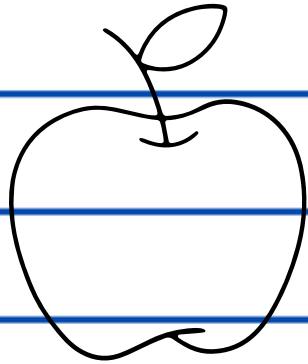


String the floss through the maze
to get to the tooth.

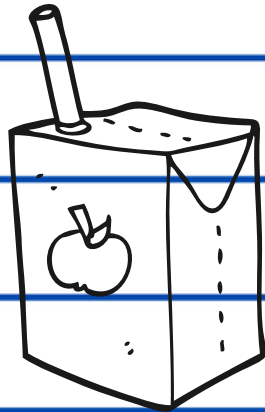


Lunch Time!

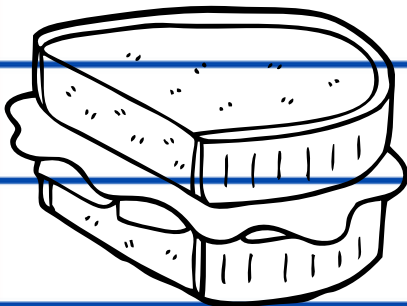
Fill in the blank and color the food.



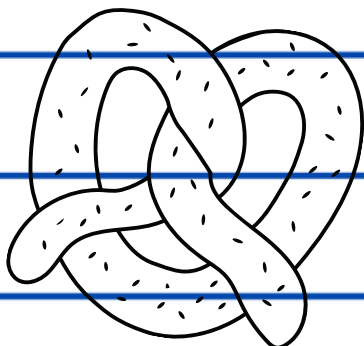
_____ APPLE



_____ JUICE

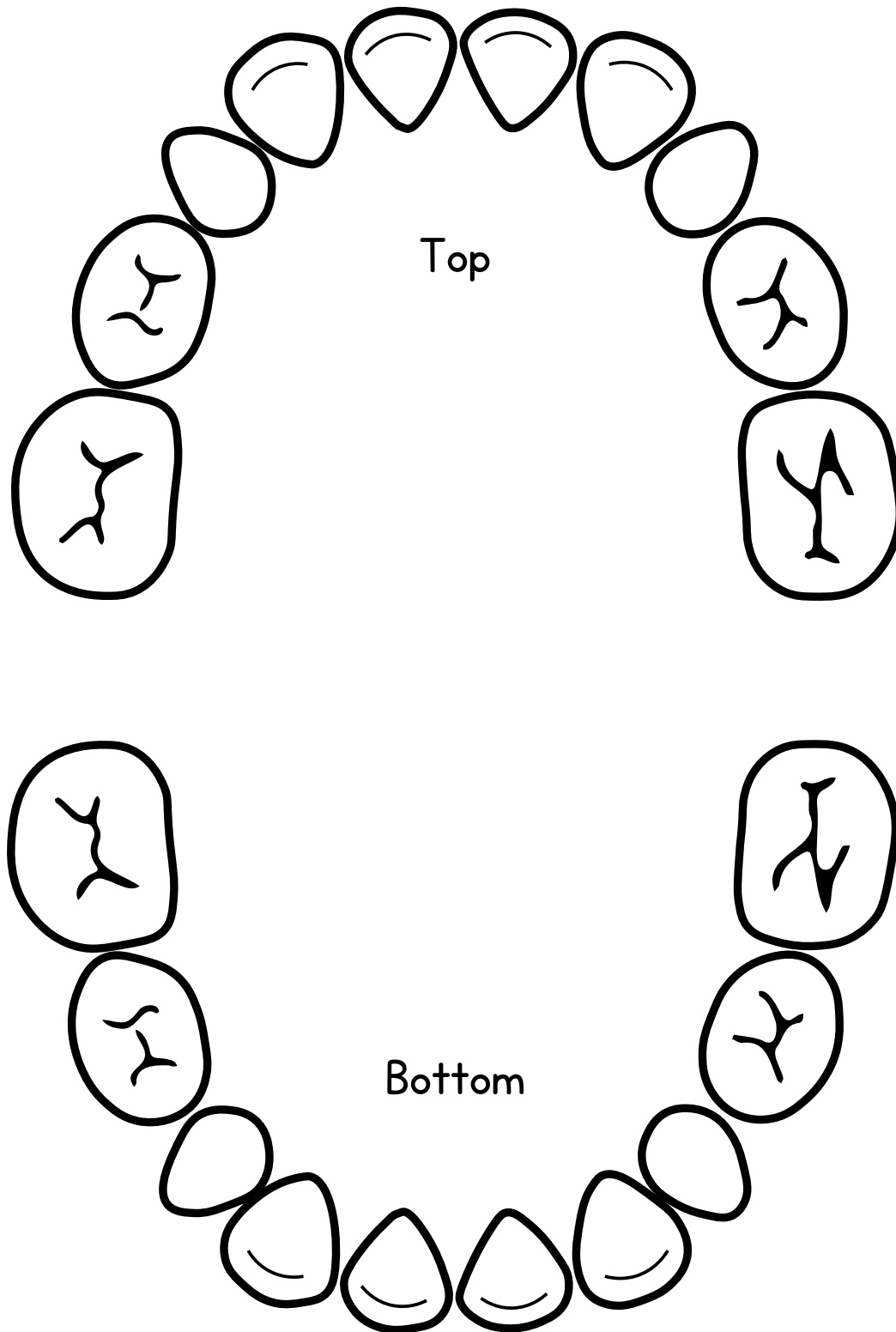


_____ SANDWICH



_____ PRETZEL

Color in the teeth you have lost so far.



WELCOME

westcoastdental.com

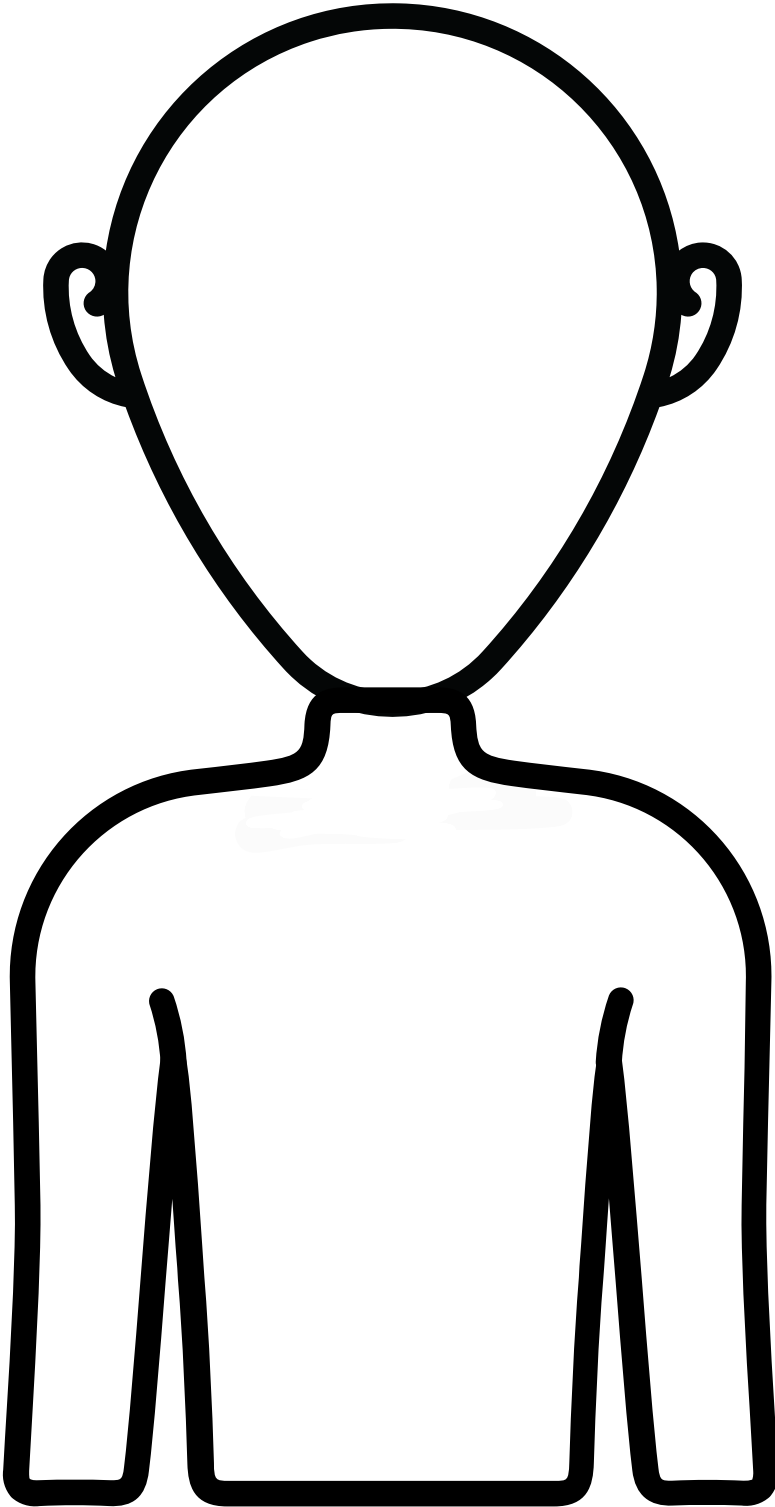
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Smile for the yearbook!

Draw your yearbook photo.

Class of 2024



Name: _____



Pop Quiz!



How many teeth do you have?

How many times should you brush your teeth a day?

3

6

1

2

How many times should you visit the dentist a year?

2

0

5

Should you brush your tongue?

yes

no

